



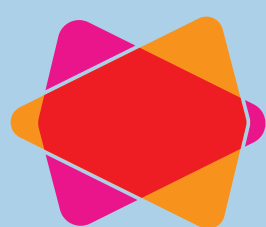
Ministero
dell'Università
e della Ricerca



PRO-BEN



Università
Ca' Foscari
Venezia



PRISMA

LiberaMente Creative Music Lab

2nd semester a.y. 2025/2026
February - April 2026

Do you like playing music? Do you enjoy singing?
Take part in a unique experience to express your musical creativity
and manage performance stress. Join the "LiberaMente" Creative
Music Lab!

In this workshop, you will:

- Transform performance stress into creativity
- Express your emotions through music
- Create music as a group, in a non-competitive environment

Who is it for?

LiberaMente is open to all students with a good knowledge of a
musical instrument.

Schedule

The lab will take place on
19, 26 February - 5, 19, 24, 31 March - 14, 21 April.

Topics

Emotional management of performance stress, musical creation
inspired by visual arts.

How to participate?

Places are limited! To participate, apply by **6 February 2026** via google form



<https://tinyurl.com/liberamente2026>

Selected participants will be notified by **13 February 2026**.

For more information, contact: social.fbc@unive.it

Curated by

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www.unive.it/prisma



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